

Oconee Spokes



August 7, 2018
Pilot Club of Oconee County, Inc.
P.O. Box 833
Watkinsville, Ga. 30677

Meets 1st Tuesday of Month: 7 pm
Watkinsville First Christian Church
4 N. Main Street
Watkinsville, GA, 30677

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www.pilotinternational.org
www.pilotgeorgia.org
www.oconeeclub.com
Facebook: Pilot Club of Oconee County



President Donna

Hello Pilots,

Our new Pilot year began last month with the approval of our Plans of Work. We are ready to get busy on another year of exciting projects and fundraising activities as we are "In Harmony with Friendship and Service".

A special thank you to each of you for your participation input and now in your upcoming assistance in carrying out our Club's Plans of Work and to our Division Co-coordinators, our Directors and Executive Board.

I represented our Club at ESP (Extra Special People) Friend Friday on July 20th, the last day of summer camp, when ESP's community supporters were recognized. It was a very energized, exciting and loud event which began with the Pledge of Allegiance, celebrated each group divisions accomplishments, recognized the community supporters, and ended with the putting on of colors. The new ESP building is very attractive and has themed/age division rooms, a kitchen and office space.

While at ESP, I also spoke with their Directory, Laura Whitaker, about interest and participation in the Georgia Artists with DisAbilities (GAWD) art exhibition, awards and luncheon coming up on September 22. Later I emailed Ms. Whitaker the GAWD information.

On July 25, I attended the Pilot Platter Chatter meeting at the Golden Corral in Winder. This is a Northeast Georgia Pilots Club group that has

extended an invitation to other Clubs to attend with them and is encouraging other Pilot regions to start similar groups. It is similar to the Fun/Food/ & Flicks activity our Club does but on a larger scale. Pilots meet to share friendship, information about what's happening with their Clubs and a meal and may continue afterwards with shopping/site-seeing with other Pilots as desired. They usually meet further away but we are always invited; August expected to be in Toccoa; will send out the email when received.

Looking forward to seeing you all at our August meeting,
Donna

Treasurer Cathy

Dues are due!! And what do they do??

Your annual dues help the Pilot Organization by providing easy to use member resources to make club member's volunteer lives more enriching and even more successful. They assist with minimal administrative costs at Pilot International Headquarters in Macon, GA. They provide members with the quarterly magazine, 'The Pilot Log'. This contains the latest Pilot International and District news to keep you informed. It provides training events at Club, District, and International level where you can network with other Pilot volunteers to make lifelong friends in service to others.

Our local club pays the annual dues for each active member by July 1 each year. By paying dues throughout the year, this amount is paid back to the club. So, if a member has to end their membership during the course of the year, there will be an assessment to determine if any amount is needed to reimburse the club for the dues paid; so, the member will leave in good standing with the club.

Dues may be paid for the entire year or quarterly. They are due at the first meeting of a new quarter: July, October, January and April. The Pilot years runs from July to June. The annual dues amount is \$208.00 or \$52.00 quarterly. The local dues include amounts that pay for 4 dinners through the year; a local club expense. Our fundraising efforts pay for all of the other

budgeted items that we approve at the beginning of the year through our Plans of Works.

Cathy Moorehead
Club Treasurer

PIFF Representative Judy

PIFF~ Pilot International Founders Fund

The Pilot International Founders Fund was created to financially support the community work of Pilots and their clubs. The Pilot International Founders Fund assists clubs with the money needed to fund the service areas of Pilot-- supporting those who care for others, encouraging brain safety and health, and preparing youth for service.

Our club can utilize PIFF to improve the lives of others through education, research, financial support and especially volunteerism. At our August meeting we will learn more about the ways our club can utilize PIFF to support our community service.

Do More. Care More. Be More.

Club PIFF Representative: Judy Marable

Fundraising Division

Coordinators

Kathy Reising & Pam Crawford

Fundraising has the ball rolling for our 10th Annual 5K Pilot Chase on January 21, 2019. It will again be a noon race. So, we know the time and place and now: it's sponsor time. You began signing up for sponsors at our July meeting and will be receiving your assignment packets with all the information you need to contact as many sponsors as you can. Remember, this is our only fundraiser for the year, and the more we earn the more we can contribute to our community with needed projects.

Membership Division
Coordinators
Lindy Lively & Violet Whitehead

Projects Division
Coordinators
Jane Reese & Rosa Hall

September 18, 2018

Please, Please, Please, Pretty Please mark this date on your calendar. This is the date for our Share Piolet. This is a very important date and event for our Club. We need each member to submit at least three (3) names, preferably more.

We need to grow our membership. By growing our membership, we will have more exposure in the community. Pilots will be able to raise more money and therefore we can be of service to more people effectively with less work.

Put your thinking caps on and think about what one quality would like to see in new members. (Warning: you might be asked that question in the near future. Once you figure out the qualities you are looking for, think about who fits the profile. Is it a new person in the neighborhood, a doctor, dentist, medical profession, men, women, couples, real estate, teachers, nurses, people who work in a doctor's office, people that work in the grocery store, church or gym friends, or veterinary office? Just think outside the box.

A huge thank you to everyone who helped provide the refreshments at the July meeting to celebrate French Bastille Day with an array of French foods. The Division wants to thank June McKenzie and Kathy Reising for helping provide the delicious refreshments.



Projects doesn't have a special activity planned for this month. That being said, Magazine Collection and Distribution is a monthly occurrence. April at Thrive always appreciates volunteers and the monthly Thrive calendar is included in this issue. Look it over and plan to attend some of the fun activities that she has planned for the residents. The Veterans always appreciate snacks and gently used books.

Pam has been very busy at ACTS with the clothing closets and has a great crew that helps on Wednesday. We are so fortunate in Oconee County to have great donations of clothing, shoes, household items, school supplies and personal care items donated for our neighbors in need. Items needed now are towels, washcloths, sheets and blankets! Good used is fine!

Our program this month is about our Pick Me Ups Program. Darlene will distribute referral cards at the August meeting. We always want to give meaningful and useful Pick Me Ups to the caregivers in our community. This is a sample of the referral card.



Pick Me Up referral

Pilot submitting referral _____

Date _____

Caregiver referral name _____

Address of caregiver _____

Phone number _____

Email address _____

Who is being cared for _____

Suggestions for Pick Me Up _____

Turn in card to Projects Chair



Pilot Birthdays

Lindy Lively	August 14
Rosanne Smith	August 17
Jane Reese	August 20
Judy Marable	August 24



Pilot International was chartered on October 18, 1921 in Macon, Georgia, U.S.A. by Elizabeth Leonard and forty local businesswomen. The name "Pilot" was inspired by the mighty riverboat pilots of that day who represented leadership and guidance.

Pilot Principles: Friendship and Service
Motto: "True Course Ever"
Colors: Green (life and vigor) and Gold (sincerity of purpose)
Emblem: A riverboat pilot's wheel with eight spokes
First Pilot President: Lucy B. Allen, elected at the organization's first convention in 1922.

Pilot Calendar

Sept. 4, 2018	Business Meeting
Sept. 18, 2018	Share Pilot
Sept. 22, 2018	Artists with DisAbilities
Oct. 2, 2018	Business Meeting
Oct. 2, 2018	ACTS Donation Night
Oct. 5-6, 2018	GA District Fall Council
Oct. 20, 2018	Walk to End Alzheimer's
Nov. 6, 2018	Business Meeting
Nov. 6, 2018	Service to Veterans Donation
Nov. 6, 2018	Butterfly Dreams Scholarship
Dec. 1, 2018	Christmas Parade
Dec. 4, 2018	Business Meeting
Dec. 18, 2018	Pilot Christmas Dinner
Jan. 2, 2019	ESP Big Hearts Donation
Jan. 21, 2019	Pilot Chase 5K
Jan.-Mar. 2019	BrainMinder Presentations
Feb. 5, 2019	Business Meeting
Feb. 5, 2019	Sp. Olympics Donation
Feb. 5, 2019	The Cottage Donation
Apr. 2, 2019	Business Meeting
Apr. 5-7, 2019	GA District Spring Conference
Mar. 27, 2019	Club's 40 th Anniversary
May 7, 2019	Business Meeting
May 7, 2019	ACTS Donation Night
June 4, 2019	Business Meeting
July 3-7, 2019	PI Convention

Pearl Sparks of Florence, Alabama wrote the Pilot Code of Ethics. It was first presented in 1926 at the 5th Annual PI Convention held in Montgomery, Alabama with 69 Pilots attending.

In 1929, Pilot organized its first club west of the Mississippi, the Pilot Club of El Paso, Texas. In 1932 the 22nd Pilot Club was organized in Juarez, Mexico, making Pilot a true "international" organization.

Ruby Newhall, President of Pilot International in 1949, first envisioned Anchor Clubs, Pilot's youth service organization arm.

By 1954 the number of Pilot members had increased to 9,900. Membership hit an all-time high of 20,877 in 1985.

The first issue of The Pilot Log was published in January 1924. Early issues were single page bulletins containing club news. Pearl Sparks, author of the Pilot Code of Ethics, once served as editor of The Pilot Log (1927-28).

Pilot International Foundation (now the Pilot International Founders Fund) was established in 1975 to further Pilot's humanitarian efforts. Since the Pilot International Founders Fund grant program began in 1977, nearly 1,500 grants totaling more than \$1.5 million have been disbursed to Pilot Clubs.

GA District

The Ann Adams Attendance Award shall be presented each year to the individual Pilot Club who has had the highest percentage of membership attendance, during the period beginning February 1, 2018, and ending January 31, 2019.

Pilots, we all strive to attend each meeting. We know this is not always possible. That is why we have activities throughout the year that count as make-up meetings. The following activities count as a make-up meeting:

- Regular meeting of another club
- Project or Fundraising activity
- Pilot Informational meeting
- District Convention
- PI Convention
- Fall Council
- Spring Conference
- Regional Workshop

Please contact President Donna or Recording Secretary Rosa if you will miss a meeting.

Member's News

Pam and Doc hosted out of state family for 13 of the 31 days in July. It was wonderful having them visit!

On, July 24th Donna and her niece went to Memorial Park and zoo. We enjoyed seeing the animals and walking around. We played spot the bobcat for one of the more elusive animals and watching the river otter and taking lots of pictures.

Pilots are invited to celebrate 10 years of Dennise Grayson's office serving families of the elderly and those with special needs on Thursday, August 16th from 4-7 pm.

Rosa and Freeman enjoyed having their children visit. Steven and his wife were here one weekend with their dog and Alison and her roommate's dog were here the next weekend.

Rosa and Alison experimented with making gnocchi (turned out delicious) and macarons (turned out beautiful and delicious).

Lindy and Earl Lively went to the Wisconsin Dells—beautiful country, cheese factories. One of my favorite places was the House on the Rock, especially the infinity room.



Cyndee spent some time visiting four Oconee County schools (both high schools as well as OCES and OCMS) this month during pre-planning week to promote awareness and issue a call for sponsors to support the efforts of the Dolly Parton Imagination Library initiative in Oconee County. I serve on the Board of Oconee DPIL, an organization that mails books each month to children birth to 5 years old. We presently serve 1000 children in the county.



Pictured are teachers from Oconee County Elementary School who are clearly excited about what \$31 a month can do! I believe I see some future Pilots in that group as well!

And – on a personal note – my family (me (Cyndee) along with my husband, both children, and both grandchildren) spent a lovely and much needed week in Hilton Head last month. We relaxed in the sun, swam, fished, biked, ate lots of seafood, celebrated birthdays (granddaughter Danielle and daughter Alli), enjoyed July 4th fireworks from 8 towns and villages simultaneously on our little stretch of private beach, and fell into bed every night. We also managed to get in a short trip to Savannah to pick up some pralines and eat at some of our favorite restaurants.

A Poem about Alzheimer's

Do not ask me to remember.
Don't try to make me understand.
Let me rest and know you're with me.
Kiss my cheek and hold my hand.

I'm confused beyond your concept.
I am sad and sick and lost.
All I know is that I need you
To be with me at all cost.

Do not lose you patience with me.
Do not scold or curse or cry.
I can't help the way I'm acting,
Can't be different 'though I try.

Just remember that I need you,
That the best of me is gone.
Please don't fail to stand beside me,
Love me 'till my life is done.

- Unknown

Estate Sale

1191 Hillcrest Drive
in Oconee County
Watkinsville, GA

August 10, 11, 12, 2018
8:00 am - 5:00 pm

*You don't want to miss this sale! A lifetime accumulation of **Bud and Ann Butler Giles**. Household full of amazing sets of collectibles including signed books by local authors and Oconee County memorabilia; prints, paintings, pottery by local artists, glassware, china, kitchenware, bedroom sets, dining room set, brass beds, old trunks, Kohler and Campbell piano, tons of tools, outdoor equipment, 2008 Ford Escape XLT and much, much more!*

This sale is too good to miss!
EVERYTHING IS PRICED TO SELL!

caregiver support group

The Alzheimer's Association's caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants to develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person with dementia.

Presented by Alzheimer's Association Georgia Chapter
Hosted by:

Oconee County Senior Center

3500 Hog Mountain Rd.
Watkinsville, GA 30677
(706)769-3979

Every 2nd Tuesday of each month
1:30pm-2:30pm

alzheimer's association®
THE BRAINS BEHIND SAVING YOURS™

For more information:
Call 1-800-272-3900, or
visit us at
www.alz.org/georgia

Facilitator Contact:
Jill Shoop-Pettis
jill@caretocontinue.com

Corn Salsa



3 cups frozen corn, thawed
1 – 15 oz. can black beans, rinsed and drained
5 green onions, thinly sliced
1 medium sweet red bell pepper, finely chopped
1 jalapeno pepper, finely chopped
1/3 cup rice vinegar
1 T olive oil
1 T Dijon mustard
1/2 tsp salt
1/4 - 1/2 tsp hot pepper sauce
1/4 tsp pepper
Dash cayenne pepper
2/3 cup minced fresh cilantro

Combine 1-5 ingredients. In another bowl, whisk 6-12 ingredients. Stir in 13. Drizzle over corn mixture and toss to coat. Chill until serving with chips or grilled meats. (5 cups)

Thrive Activity Calendar for August 2018.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>August 2018</h2> <p>Activities & Events are subject to change based on the needs of Residents. Please refer to daily table tents for changes & updated information.</p>						
5 9:15 Morning Exercise 10:30 Prince Avenue Baptist Church Service Livestream the Stadium 1:30 Art Studio in the Stadium: Painting 3:00 INZL Trivia & Puzzles in the Stadium 6:30 Evening Movie: Resident Choice	6 9:15 Morning Exercise in the Stadium 10:30 Lunch Out: Taqueria Tsunami 1:30 Trivia in the Stadium: Theme 3:00 Active Life Challenge Surprise in the Stadium 4:00 Games in the Stadium: Scrabble 7:00 Evening Movie in the Georgia Theater: August Rush	7 9:15 Chair Yoga in the Stadium 10:30 Pet Therapy with Kathy & Maizie 11:00 Church Service with Ervin & Ann 1:30 Craft Club in the Stadium: Sunflower 2:30 Ice Cream Truck Social 4:00 Games in the Stadium: Spinners 7:00 Evening Movie in the Georgia Theater: Regardling Henry	8 9:15 Wednesday Workout with Matt Piper in the Stadium 11:00 Bible Studies for Life in the Athena Room 1:30 Marinee Movie in the Georgia Theater: Just Getting Started 3:00 Bingo in the Stadium 7:00 Evening Movie in the Georgia Theater: Just Getting Started	9 9:15 Morning Stretch Exercise in the Stadium 10:30 Shopping: PetSmart for Fashion Show Swag Bags 1:30 Cooking Club: Trail Mix Month! 3:00 Daily Chronicle Social in the Foundry 4:00 Golf on the Courtyard Green 7:00 Evening Movie in the Georgia Theater: Hour Behind	10 9:00 Week End Workout with Matt 10:30 INZL Trivia 1:30 Art Studio: UGA 3:00 Bingo in the Stadium 4:00 Cocktails in the Bistro 7:00 Evening Movie in the Georgia Theater: Frankie and Johnny	11 9:15 Morning Exercise 11:00 Brain Benders in the Stadium 1:30 Art Studio: Christmas in July 3:00 Bingo in the Stadium 6:45 Catholic Communion in the Foundry Room 7:00 Evening Movie: Resident Choice
12 9:15 Morning Exercise 10:30 Prince Avenue Baptist Church Service Livestream the Stadium 1:30 Scavenger Hunt in the Stadium 3:00 INZL Trivia & Puzzles in the Stadium 6:30 Evening Movie: Resident Choice	13 9:30 Tai Chi Easy in the Stadium 10:30 Dunkin Donuts Coffee & Conversation in the Athena Room 1:30 Active Life Challenge Surprise in the Stadium 2:00 Pet Therapy Fashion Show Event 4:00 Trivia in the Stadium: Modern Jeopardy 7:00 Evening Movie in the Georgia Theater: Indiana Jones & the Temple of the Crystal Skull	14 9:15 Chair Yoga in the Stadium 10:30 Pet Therapy with Kathy & Maizie 11:00 Church Service with Ervin & Ann 1:30 Craft Club in the Stadium: Wrapped Bangles 3:00 Games in the Stadium: Rummikub 4:00 Romeo Club in the Bistro 7:00 Evening Movie in the Georgia Theater: Indiana Jones & the Temple of Doom	15 9:15 Wednesday Workout with Matt Piper in the Stadium 10:00 Music: Therapy with Amanda 11:00 Bible Studies for Life in the Athena Room 1:30 Marinee Movie in the Georgia Theater: Mamma Mia! 3:00 Bingo in the Stadium 7:00 Evening Movie in the Georgia Theater: Mamma Mia!	16 9:15 Morning Stretch Exercise in the Stadium 10:30 Book Club 1:30 Daily Chronicle Social in the Foundry 3:00 Tommy LaMartina Live in the Classic City Dining Room 4:00 Cornhole in the Courtyard 7:00 Evening Movie in the Georgia Theater: Play the Game	17 9:00 Week End Workout with Matt 10:30 INZL Trivia 1:30 Art Studio: Circuit Crafts 3:00 Bingo in the Stadium 4:00 Cocktails in the Bistro 7:00 Evening Movie in the Georgia Theater: Phantom of the Opera	18 9:15 Morning Exercise 11:00 Brain Benders in the Stadium 1:30 Art Studio: Christmas in July 3:00 Bingo in the Stadium 6:45 Catholic Communion in the Foundry Room 7:00 Evening Movie: Resident Choice
19 9:15 Morning Exercise 10:30 Prince Avenue Baptist Church Service Livestream the Stadium 1:30 Art Studio in the Stadium: Color Therapy 3:00 INZL Trivia & Puzzles in the Stadium 6:30 Evening Movie: Resident Choice	20 9:30 Tai Chi Easy in the Stadium 10:30 Lunch Out: Olive Garden 1:30 Trivia in the Stadium: Jeopardy 3:00 Active Life Challenge Surprise in the Stadium 4:00 Games in the Stadium: UNO 7:00 Evening Movie in the Georgia Theater: Camelot	21 9:15 Chair Yoga in the Stadium 10:30 Pet Therapy with Kathy & Maizie 11:00 Church Service with Ervin & Ann 1:30 Games in the Stadium: Yahtzee 2:00 Lawrence Langston Live! in the Classic City Dining Room 4:00 Color Therapy 7:00 Evening Movie in the Georgia Theater: The Royal Wedding	22 9:15 Wednesday Workout with Matt Piper in the Stadium 11:00 Bible Studies for Life in the Athena Room 1:30 Marinee Movie in the Georgia Theater: Mister Rogers & Me 2:00 Food Council with Chef Kayla 3:00 Bingo in the Stadium 7:00 Evening Movie in the Georgia Theater: Mister Rogers & Me	23 9:15 Morning Stretch Exercise in the Stadium 10:30 Surprise Outing!!! See April!!! 1:30 Bookmark Making in the Stadium 3:00 Daily Chronicle Social in the Foundry 4:00 Wii Games in the Stadium 7:00 Evening Movie in the Georgia Theater: Newsies	24 9:00 Week End Workout with Matt 10:30 INZL Trivia 1:30 Art Studio: Scented Soaps 3:00 Bingo in the Stadium 4:00 Cocktails in the Bistro 7:00 Evening Movie in the Georgia Theater: Little Shop of Horrors	25 9:15 Morning Exercise 11:00 Brain Benders in the Stadium 1:30 Art Studio: Christmas in July 3:00 Bingo in the Stadium 6:45 Catholic Communion in the Foundry Room 7:00 Evening Movie: Resident Choice
26 9:15 Morning Exercise 10:30 Prince Avenue Baptist Church Service Livestream the Stadium 1:30 Art Studio in the Stadium: Painting 3:00 INZL Trivia & Puzzles in the Stadium 6:30 Evening Movie: Resident Choice	27 9:30 Tai Chi Easy in the Stadium 10:30 Romeo Club: Groove Burger 1:30 Trivia in the Stadium: Random 3:00 Active Life Challenge Surprise in the Stadium 4:00 Games in the Stadium: Clue 7:00 Evening Movie in the Georgia Theater: The Graduate	28 9:15 Chair Yoga in the Stadium 10:30 Pet Therapy with Kathy & Maizie 11:00 Church Service with Ervin & Ann 1:30 Craft Club in the Stadium: Kunkun Trinker Boxes 3:00 Games in the Stadium: Blokus 4:00 Color Therapy 7:00 Evening Movie in the Georgia Theater: Carousel	29 9:15 Wednesday Workout with Matt Piper in the Stadium 11:00 Bible Studies for Life in the Athena Room 1:30 Marinee Movie in the Georgia Theater: I Feel Pretty 3:00 Bingo in the Stadium 7:00 Evening Movie in the Georgia Theater: I Feel Pretty	30 9:15 Morning Stretch Exercise in the Stadium 10:30 Resident Council in the Foundry 1:30 Boat the Heat Craft in the Stadium 3:00 Daily Chronicle Social in the Foundry 4:00 Golf on the Courtyard Green 7:00 Evening Movie in the Georgia Theater: The Age of Innocence	31 9:00 Week End Workout with Matt 10:30 Surprise Outing!!! See April!!! 1:30 Art Studio: Lip Balm 3:00 Bingo in the Stadium 4:00 Cocktails in the Bistro 7:00 Evening Movie in the Georgia Theater: Fame	Reminder: Sign Up for all Outings at the Concierge Desk