

Oconee Spokes

January 7, 2020
Pilot Club of Oconee County, Inc.
P.O. Box 833
Watkinsville, Ga. 30677

Meets 1st Tuesday of Month: 7 pm
Watkinsville First Christian Church
4 N. Main Street
Watkinsville, GA, 30677
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Membership
Pam Crawford
Anna Gillespie

President's report

Greetings Pilots,

I hope that you are excited about our second half of the Pilot year. We have many opportunities, partnerships, and projects that are on the near horizon for action. As we prepare to move forward with our plans, please remember to help with BrainMinders™, our 5K in February, membership activities, and the GA District Welcome Party in April. You will hear more about these initiatives in our January meeting.

We still need some volunteers to work on the District meeting Welcome Party. Just let me know if you would like to work on this committee. We need several people to help.

Projects Division

Hello Pilots,

Happy New Year!!! 2020 brings many new Pilot opportunities for us all to join in. Please reserve April 3-5 and plan to attend the Georgia District Convention. Our own Judy Marable is the Convention Chair and will need our assistance and support.

Please indicate that you will be available for about an hour in the mornings later this month and through February/early March to help with BrainMinders™ presentations. It is a satisfying time well spent as we remind the elementary students about protecting their brains. We will contact you once dates have been set at the six Oconee County elementary schools. We may also schedule at least one senior presentation.

(cont. on page 2)

If you have accumulated magazines, they may again be brought to the meetings for Roxanne to distribute.

Remember our own Pilot Joy as she recovers from hip surgery and may need a ride to some therapy appointments. She has had in-home therapy and will begin therapy outside of her home the week of January 6th. This is a great opportunity of caring and fellowship with Joy which will be most appreciated. We will send out a Club wide email when we know the date, she needs a ride. You may also count the time as service hours.

A smiling group of Pilots represented us well in the Watkinsville Christmas Parade. Co-Pilots Herb and Justin were also on hand. Eric Lee drove the tractor this year.



The students of UNG certainly appreciated the Finals Survival Kits provided by the Pilot Club. Don't forget your food pantry donations as the students return to class. Cyndee and Anna can give you suggestions for items that are needed.



Pilots, Co-Pilots, and guests enjoyed a festive Christmas Party at UNG. Cyndee Moore was the party chairman.



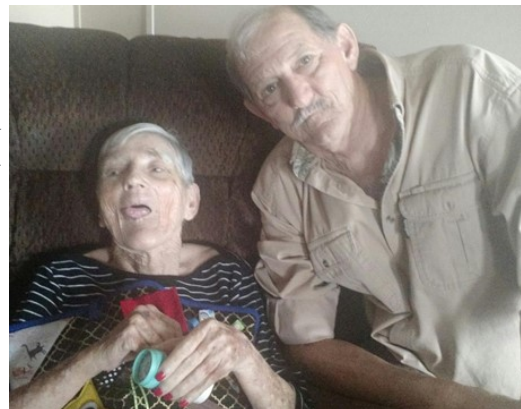
Pam and Anna took advantage of the photo opt.

Membership Division

Membership division is excited to host our January 7, 2020 meeting at the OCAF center in downtown Watkinsville. The Oconee Cultural Arts Foundation's director, La Ruchala Murphy, will present to our club about the wonderful opportunities OCAF offers to Pilots and the Oconee community. We encourage you to invite a guest to come on Tuesday, January 7th. It is nice to meet new people and to share our Pilot enthusiasm.

Please mark your calendar for our next Membership event, Galentine's Day!, at Board & Brush on Thursday, February 13, 2020 at 6PM. It will be nice to have a fun evening out together. Let us know if you would like to bring a friend.

What a wonderful day Pam Crawford had visiting with two families of dementia loved ones. This lady is Dot Self who is suffering from dementia and Alzheimer's! She is just 68 years old and has suffered for four years. She has daytime caregivers and husband Wayne is always by her side. She is nonverbal but took right to the fidget quilt. I did ask permission to use their photo and story!



Calendar

January 7, 2020	Business Meeting
Jan-Mar, 2020	BrainMinders™ Presentations
February 1, 2020	Pilot Chase 5K
February 4, 2020	Business Meeting
February 13, 2020	Galentines/Board & Brush
March 3, 2020	Business Meeting
March 16-22, 2020	Brain Awareness Week
March 17, 2020	Membership Drive Brunch
Apr. 3-5, 2020	GA Dist. Conference
April 7, 2020	Business Meeting
April 7, 2020	Nigel's Nest Donation Night
April 2020	Dinner & Movie
April 2020	Special Olympics Cheerleaders
May 5, 2020	Business Meeting
May 5, 2020	ACTS Donation Night
June 2, 2020	Business Meeting
June 2020	Summer Food for Kids Vol.
June 16, 2020	Officer Installation
June 24-27, 2020	PI Convention



Jan. 9	Jan Thomas
Jan. 13	Darlene Adams
Jan. 13	Pam Crawford
Jan. 18	Angie Venator
Jan. 29	Frances Gibson



Rosanne shared this yummy dessert recipe.

Pam Crawford
shared this recipe.

Cocoa Crisp & Toffee Cookies

Total Time – 1 hour, 10 minutes | **Active Time** – 20 minutes
30 servings

INGREDIENTS

1/2 cup unsalted butter, softened
Nonstick aluminum foil
1 1/2 cups all-purpose flour
1/4 teaspoon baking soda
1/4 teaspoon kosher salt
1 cup sugar
1 large egg (or 1/4 cup egg substitute)
1 teaspoon vanilla extract
1 1/2 cups cocoa-flavored rice cereal
3/4 cup toffee bits

STEPS

1. Set butter out to soften. Line baking sheet with foil. Combine in mixing bowl: flour, baking soda, and salt.
2. Place butter and sugar in second mixing bowl; beat with electric mixer until combined and pale yellow. Beat in egg and vanilla until combined, then beat in flour mixture (in batches) until dough forms. Gently stir (fold) in cereal and toffee until combined. Chill dough 30 minutes.
3. Preheat oven to 350°F. Scoop dough (about 1 tablespoon per scoop) onto baking sheet; bake 10-12 minutes or until edges are crisp and centers are set. Let stand 3 minutes to cool on baking sheet, then transfer to rack and let stand to cool completely before serving.

CALORIES (per 1/30 recipe) 120kcal; FAT 5g;
SAT FAT 3g; TRANS FAT 0g; CHOL 15mg;
SODIUM 60mg; CARB 17g; FIBER 0g;
SUGARS 11g; PROTEIN 1g; CALC 0%; IRON 6%



Member's News

Joy has completed 2 weeks of in-home Physical Therapy. Her PT states that she is ahead of where most hip replacement patients are at this point. Joy will begin her Physical Therapy at Oconee Physical Therapy on Monday, Jan. 6 for a number of days per week and the total weeks of PT to be determined.