

Oconee Spokes



November 6, 2018
Pilot Club of Oconee County, Inc.
P.O. Box 833
Watkinsville, Ga. 30677

Meets 1st Tuesday of Month: 7 pm
Watkinsville First Christian Church
4 N. Main Street
Watkinsville, GA, 30677

Volume 39, Number 5

Donna MacPherson, President
Rosa Hall, Editor
706-769-1009

www.pilotinternational.org
www.pilotgeorgia.org
www.oconeeclub.com
Facebook: Pilot Club of Oconee County



President Donna

October was a very busy month of Pilot Club and related activities and I'm glad and appreciative that many of you participated in a number of them. Our Fundraising Division has great news as to how our sponsors are responding. Please continue to follow up with your sponsor contacts as needed.

This year's Fall Council October 5-6 proceeded very smoothly. Darlene and I both enjoyed it and spent some time with both the Greene County and Jones County Pilots. We did a service project of packing toiletry packs and attended workshops which we will tell you more about at the November 6th Business Meeting.

We appreciate the Classic City Pilot Club for their annual Pilot Founder's Day Program and their invitation to join them. Our Club had a large group attend and several other Pilot Clubs were also in attendance. It was a great evening of fun, food and fellowship. Doretta Broughton, our Georgia District Governor, spoke and she is a member of that Club.

The UNG (University of North Georgia) had extended invitations to come hear the Haitian Orphans Choir and Octoberfest on the Oconee Campus. Our Club is fortunate to have both Dr. Cyndee Moore and Anna Gillespie as active members of our Club.

Pilot International extended the Membership Drive: you have all seen the emails with the incentives so please don't forget to Share Pilot and Invite prospective members to Pilot frequently.

At our November 6th Business Meeting we will be having our official visit by our Pilot Lt. Governor of the East Central Region Beth Copeland. Please introduce yourselves during our

refreshment/social period and be prepared to ask her questions and answer her questions after she speaks.

I am thankful for each of you talented Pilots as we progress in our Pilot year "In Harmony with Friendship & Service".

Donna



Georgia District Governor Doretta Broughton at the podium.

Darlene, GA Dist. Gov. Doretta, and President Donna.



Fall Council service project. Bagging toiletry items for families of patients at the Shepherd Center in Atlanta. (Darlene A. front left corner boxing completed bags and Donna M.)

PIFF Representative Judy

Pilot Challenge --Save your dimes to fill the water bottles!!

Set aside time each week to sort your coins in your change purse. Place all of your dimes in a zip-lock baggie or special area of your purse and bring them to our monthly Pilot meeting! Our goal is to fill at least one water bottle with dimes! Be on the lookout for the water bottle labeled for Georgia District. This bottle filled with dimes will be donated to the GA District at the District Convention in April. All monies collected from the clubs will be used for grants and scholarships. This is one small way to support Pilot International! Get ready to fill the water bottle with dimes!



Fundraising Division

Coordinators

Kathy Reising & Pam Crawford

It's been a great month with our 5K Sponsor money coming in!!! Totals to be announced at meeting!

If you contacted sponsors last year and they have yet to send in... Please contact ASAP!

Please mention race to your runner friends and have them sign up! We're wanting 150-200 runners this year!



Membership Division
Coordinators
Lindy Lively & Violet Whitehead

Membership Division is asking for you to check your schedules and please sign up for one of the Chamber of Commerce Coffees. There will be a sign-up sheet at each meeting. Roseanne attended the Oconee County Chamber Coffee in October sharing Pilots Concerns, Needs, and Program Opportunities.

Lindy attended the University of North Georgia Volunteers Symposium. Gave out information, had a drawing, spoke with around 50 individuals staff, students, and community. I was amazed at the people who had no idea of Pilot Programs and Opportunities



April Few, Cyndee Moore, Anna Gallespie (fellow Pilots) were also in attendance. It was so nice having that connection in a room full of strangers.

Please change Dennise Grayson's email to:
dennisegrayson@gmail.com
instead of her work email.



Projects Division
Coordinators
Jane Reese & Rosa Hall

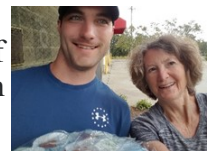
Remember to bring food for the Veteran food closet to our November meeting. Jane was there last week and the shelves were almost bare. Please donate: canned meats, soups, peanut butter, snack crackers, cereals (hot or cold), canned vegetables, noodles, spaghetti, or spaghetti sauce. Anything homeless and home bound can use to keep from being hungry will be greatly appreciated.

It is time to think Parade participation. We will need four Pilots to decorate the trailer. Darlene and Donna asked that each division have members participating. Think about your abilities and choose a spot. Decorators (4): Walkers (4): Riders (12-16). Thank you for making this a fabulous event for Oconee Pilots.

The Walk to End Alzheimer's was on Saturday, October 20 in Athens. Our club donated \$250 and our team members contributed \$220 for a total of \$470 for our Oconee Pilot Club team. Rosanne and Judy attended and represented our club in the walk. It was a beautiful walk through the Milledge Avenue area of Athens to raise awareness and support of the work in the fight to end Alzheimer's.

Rosanne took a pick-me-up of brownies to the fire department in Watkinsville.

The next NIDE Advocacy Education and Training will be held at Thrive on November 27 from 6:00-7:00pm. April Few is the instructor.



**National Institute for
Dementia Education**

(cont. on page 4)



International Care & Kindness Week is November 4-10. Please make plans to show your Pilot kindness to others in some large or small way this week.

Judy Marable went to ESP to help get the word out about Project Lifesaver. She spent time in conversation and preparing more Project Lifesaver pamphlets for display. She did get one spark of interest in Project Lifesaver and communicated with the mom.

Our project for October was collecting cereal for ACTS. We donated 35 boxes.



Please bring Christmas cards for Joy to send to U S Military personnel in the middle East countries so they can fill out and send to family/friends back in the State. These s must be brought to our Nov. 6 business meeting. None can be accepted after that date!

Also, members please bring 2019 date books and all sizes of 2019 calendars to this meeting or our Dec. 4 business so Joy can deliver them to the Salvation Army in Athens to be given to the Salvation Army Shelter residents, those who come for the daily evening meals, and those who visit the Thrift Store.



Elaine Neal	November 2
Rosa Hall	November 3
Vickie Hammond	November 13
Joy Elder	November 15

Pilot Calendar

Nov. 6, 2018	Business/Official Visit
Nov. 6, 2018	Service to Veterans Donation
Dec. 1, 2018	Christmas Parade
Dec. 4, 2018	Business Meeting
Dec. 18, 2018	Pilot Christmas Dinner
Jan. 2, 2019	ESP Big Hearts Donation
Jan. 15, 2019	Business Meeting
Jan. 21, 2019	Pilot Chase 5K
Jan.-Mar. 2019	BrainMinder Presentations
Feb. 5, 2019	Business Meeting
Feb. 5, 2019	Sp. Olympics Donation
Feb. 5, 2019	The Cottage Donation
Mar. 5, 2019	Business Meeting
Mar. 27, 2019	Club's 40 th Anniversary
Apr. 2, 2019	Business Meeting
Apr. 5-7, 2019	GA District Spring Conference
May 7, 2019	Business Meeting
May 7, 2019	ACTS Donation Night
June 4, 2019	Business Meeting
July 3-7, 2019	PI Convention
Sept. 21, 2019	GA Artists with DisAbilities

Celebrating Veterans' Day

Ever wonder why Veterans' Day is on the 11th of November and does not change?

Today I saw a man selling poppies stop a lady and asked if he could reposition her poppy. While doing so, he told the lady that she should wear the poppy on her right side; the red represents the blood of all those who gave their lives, the black represents the mourning of those who didn't have their loved ones return home, and the green leaf represents the grass and crops growing and future prosperity after the war destroyed so much. The leaf should be positioned at 11 o'clock to represent the eleventh hour of the eleventh day of the eleventh month, the time that World War 1 formally ended. He was worried that younger generations wouldn't understand this and his generation wouldn't be around for much longer to teach them. We must remember those from our current wars, too!



Relay for Life

As some of you may have heard, I am chairing this year's Oconee County Relay for Life Event – a major fundraiser for the American Cancer Society and I need your help.



I'm reaching out to you today to ask you to consider forming and registering your own team (by friend circle, club, church, place of employment or neighborhood). I've attached information on how you can do that if you wish and will be happy to assist you if needed. The more teams we have, the more money we'll raise and the more visibility our cause will become. We need everyone in Oconee County to join in this year's Relay for Life to make it bigger and better than ever before!

The 2019 event will be held on Friday, April 26th at Oconee County Middle School from 6p.m. – midnight. To join a team, form a team, make a donation, or purchase a luminaria in honor of someone who has or is battling cancer – please visit www.relayforlife.org/oconeeega.

Thank you for your time,
Cyndee

Local Clubs News



Classic City Pilot Club Holiday Auction

Our Annual Pilot fundraiser to support brain fitness and community projects. We will have baked goods, decorative items, and more. Checks & cash acceptable for payment. There will be great hors d'oeuvres and a cash bar. Fun! Fun! Fun! Please Come!



Tuesday October 16th members of our Club and members from several other Clubs joined the Classic City Pilot Club for the annual celebration of Pilot International's Founder's Day. Darlene A., Lavonne L., Cathy M., Joy E., Rosanne S., Jane R. and Donna M. enjoyed the program, fellowship and a good meal at the Jennings Mill Country Club.



The Hope of Safe Harbor

The Safe Harbor Fund of Pilot International transforms your gifts into relief and support to Pilots who have suffered from disastrous events such as hurricanes, earthquakes, floods and fires.

Your generosity ensures we can respond to unforeseen events immediately, and remain engaged with our Pilots around the globe to assist with surviving and rebuilding.

In the moment our members need us most, Pilot can be a source of strength, comfort and relief. Please consider generously donating now.

GA District

Gift Card Extravaganza for PIFF

The grand prize of \$1000 in gift cards will be awarded at District Convention, April 5 – 7, 2019, Hilton Atlanta Northeast, Norcross, Ga. ... and here's the best part, the winner does not need to be present to win! In other words, we can sell our raffle tickets to anyone, anywhere!! And who doesn't want a shot at winning a \$1000 worth of gift cards to spend without guilt and to just enjoy!!

Our PIFF Representative, Judy Marable, will have more information available soon.



Member's News

Lucas Griffin Agrippa was born on September 26, 2018. He is the son of Christian Cummings and Rachel Moorehead. Lucas is the grandson of Cathy and Leroy Moorehead.



Thursday October 18th Rosanne S. and Donna M. represented our Pilot Club at the UNG Oconee Campus Oconeefest. Joy E. was there for Piedmont Hospital, Kathy R. for GM Smith CPAs, and Cyndee M. and Anna G. as employees of UNG. We enjoyed the live auction fundraiser for scholarships, a good meal, and socializing.

Oct. 25th Donna, Joy and Pam attended a Human Trafficking Awareness program at the Oconee County Civic Center. This event was sponsored by the North Georgia Rotary Club of which our Kathy R. Is a member. Did you all know that Atlanta is a leader in this problem? The program was very informative and well presented.



Oct. 22nd Donna enjoyed seeing the Haitian Orphans Choir at UNG. They were very inspirational and were to continue touring.



Donna attended the Candlelight Vigil Sunday evening at the Athens Courthouse in recognition of Mental Illness Awareness Week October 1 - 7, 2018.

Isn't this pretty? Pam and Doc's view Friday and Saturday in North Carolina.

Rosa and Freeman enjoyed a 10-day trip to Destin, FL recently. The weather was perfect for this relaxing time.

April's sweet ballerina princess had a blast trick or treating!!!



Congratulations Oconee County Schools: wonderful teachers, students, administrators and personnel.



Nutty Cracker Delights

by June McKenzie



42 crackers (Saltines, Ritz or Club)
1/2 cup butter or margarine
1/2 cup sugar
1 teaspoon vanilla extract
1 cup slivered almonds

Place crackers in a single layer in a foil-lined 15 x 10 x 1 in. baking pan. In a saucepan over medium heat, melt the butter. Add sugar and boil, stirring constantly, for 2 minutes. Remove from heat and add vanilla flavoring. Pour over the crackers evenly; sprinkle with nuts. Bake at 350 degrees for 12 minutes or until lightly browned. Remove and cool. Cut crackers and store in an airtight container. Yield: 3 - 1/2 dozen.

Harvest Beets

by Anna Gillespie

1 1-lb. can diced beets
2 tablespoons sugar
1 tablespoons cornstarch
1/4 teaspoon salt
1/4 cup vinegar
2 tablespoons margarine

Drain beets, reserving 1/3 cup liquid. In a saucepan, combine sugar, cornstarch and salt. Stir in reserved liquid, vinegar and margarine. Cook and stir until mixture thickens and bubbles. Add beets and heat through. Serves 4-5. Quick and easy.



The month of November is known as Alzheimer's Awareness Month. President Ronald Reagan made that designation in 1983 and it is something that is still recognized today. According to the Alzheimer's Association, at that time there were less than two million people with the disease. Through the years that number has grown to more than five million.

Part of Alzheimer's disease awareness is knowing the symptoms so you can know whether a loved one may be developing it. The symptoms include:

Memory Loss – People may forget things they've learned as well as dates and events. They may also ask for the same information over and over again.

Trouble Planning or Solving Problems – You may notice a loved one taking longer to complete tasks they used to be able to do much quicker. You may also notice they have trouble following directions, even a simple recipe becomes complex.

Confusion with Time or Place – People with Alzheimer's often lose track of time. They also forget where they are and even how they got there.

Misplacing Things & Unable to Retrace Steps – As people forget dates and events they may also start to misplace objects. Although they would be able to retrace their steps in the past and find what they were looking for, that is no longer the case. This may lead them to accuse others of stealing because they can no longer find what's theirs.

Mood & Personality Changes – Because of the changes that are going on in their mind, you may notice major shifts in mood and personality. They may become confused, suspicious and even depressed.