

Oconee Spokes



February 3, 2015
Pilot Club of Oconee County, Inc.
P.O. Box 833
Watkinsville, Ga. 30677
Meets 1st Tuesday of Month: 7 pm
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www.pilotinternational.org
www.pilotgeorgia.org
www.oconeeclub.com

Pilot International envisions a world where all are valued.



President Mary

Happy Valentine's Day! Yes, it's already February. Time marches on and so does our Pilot year. This month Membership Division will host a Community Appreciation Dinner on Feb. 17 for the local Special Appointees in Oconee Co. We also have several Brainminders Puppet Shows scheduled for this month to present to kindergarten students in Oconee Co. Schools. ESP Sweetheart Pageant is Feb. 7, and our club's Projects Division (and all our Pilots)

are in charge of flowers. These flowers that we gather from donations of florists will be sold to family members, friends for them to give to the wonderful participants in the pageant.

A special thanks to the Fundraising Division and all our Pilots for a VERY successful 5K Pilot Chase on Jan. 10. It was a cold day, but all Pilots who could turned out to help. Our final numbers will be announced at our meeting, but I know we more than met our goal!!

Hope to see all of you at our business meeting on Tuesday night. We will have some guests at our meeting so please try to attend and support the efforts of our club.

In Pilot Spirit,
Mary



Projects Division



Coordinators

Judy Marable & June McKenzie

Happy Valentine's Day, Pilots! Our hearts are full with the excitement of our service projects this month. On Saturday morning, February 7th at 9:00 AM we will meet at the Catholic Center at UGA to create bouquets of flowers for the ESP Big Heart Pageant. The Catholic Center is located at 1344 South Lumpkin Street across the street from the UGA track. Please join us to bunch the flowers that will be sold that evening at the pageant.

The Pageant begins at 4 PM at the Classic Center in Athens. Since we are a "Jack of Hearts" sponsor, we are allocated 6 tickets to the event. Please let Marge know if you want to attend the Big Hearts Pageant. For those who have never experienced Big Hearts, it is a once in a life time event.

They also have a Silent Auction prior to the Pageant and a banquet following the Pageant. For information about purchasing tickets for the Banquet, please check the ESP website or their Face book Page. Marge will provide additional updates for us at our February business meeting regarding our financial sponsorship, local florist donations, and the ongoing support of the Catholic Center at UGA.

We are blessed to be able to support this wonderful organization in our community. A special thank you to Marge for making the contacts with the local florists, serving as the liaison to the Catholic Center, and representing Pilot Club on the ESP Big Hearts committee.

Our second project for February will be hosting the Valentine's Day parties on Friday, February 13th for Highland Hills Memory Care Unit and Assisted Living Unit. The Assisted Living Valentine's Party will begin at 2:00 PM and the Memory Care Unit parties will follow.

Once again we will support three groups with refreshments and fellowship. We will serve ice cream sundaes for the 45-48 clients. We will meet inside the main entrance near the large clock about 1:30 on the 13th. We will use the money allocated in our budget for this project. Happy Heart Month!!



Fundraising Division



Coordinators

Jan Thomas & Pam Crawford

We did it!!!

Our 5K was a great success earning us close to \$9,000. We are still waiting on a couple of checks from Active on-line registration before we get our final total. Cathy will have more information for us at our meeting.

Even though it was a very cold morning, Pilots showed up all bundled up and ready to work and the runners were there. The first one showed up at 6:50 and we hadn't even started setting up. We had about 130 runners, which was good for such a cold day.

Thanks to all Pilots for your work before, during and after the race. We get a lot of compliments from the runners about how well organized we are and they really

love the track at Veteran's Park. Don McLellan made a great video for us and it will be added to our website soon. You can watch it at <http://www.photoshow.com/watch/UH9mr8EH>.

The Oconee Enterprise has already published a picture, and our Thank You ad to our sponsors was published last week. We will have a thank you note for members to hand deliver or mail to the sponsors also. We can't thank them enough.

The money we get from them gets our projects done throughout the year. There was lots of pre-race work, teamwork and a good finish. Pilot Club of Oconee Co. is the winner!!!



Membership Division



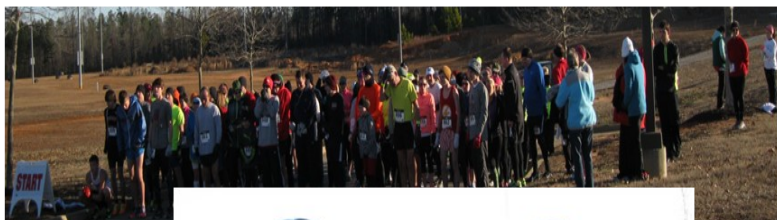
Coordinators

Joy Elder & Sandra Glass

The Membership Division is working on the Appreciation Dinner for our appointed officials which will be on February 17th. It will be a Mardi Gras themed event. Please bring any Mardi Gras items you can share to the February Business Meeting.

Pilot Calendar

2/7/15 Big Hearts Pageant
2/9/15 BrainMinders @ CFES
2/17/15 Community Appreciation
2/18/15 BrainMinders @ HSES
2/23/15 BrainMinders @ MBES
3/31/15 Pilot Information
4/10-12/15 GA District Convention
5/16/15 NE Region Workshop
6/16/15 Installation
7/8-12/15 PI Annual Convention



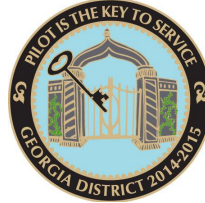
Pilot Club of Oconee County Charter Member Millie Berryman passed on Jan. 11.



There are only two membership categories for Pilot. You are either a dues paying member or a non-dues-paying member.

Be sure to report your club's volunteer hours. This is important not only so your club can be eligible to apply for awards but it is also important that the IRS can see our volunteer hours so we can keep our 501C3 status. All club members have access to report their volunteer hours by going to the PI website, but you might just want to designate someone in your club to keep up with the volunteer hours and report them monthly or quarterly to PI. The choice is up to your club how you handle this.

Make sure your club recording secretary is using Portalbuzz. They should have received an email from PI with instructions and their access code. Portalbuzz eliminates the need for paper reporting on members, including address changes, membership changes, additions of new members and deletions of members. Each club can designate two people to have access to Portalbuzz and it would be a good idea to have the club President and Secretary designated for access. Most important is that the dues invoices will be sent to the club secretaries this year via Portalbuzz. If you are not using Portalbuzz or did not get your access code, please contact Bonnie Millirans at PI Headquarters, **478-477-1208, or bonnie@pilothonline.org**. You can call her or email her.



GA District

Start making plans for **District Convention** now. Each club has the right to have three delegates at Convention to discuss and vote on any new business for the Georgia District, as well as to vote on new officers.

Don't stop with just the delegates though. Everybody can go to convention. District Convention is the training ground for Pilots. Not only will we conduct business at the meeting, we will also have informative workshops, Region meetings, and great speakers, as well as the Market Place sales, and fun, fun, fun at the Friday night welcome party.

The registration form will be included with the February Governor's Bulletin. Registration fee is \$135 and the late fee after the deadline will be an additional \$15.

NE Region News

February 7

Heart of Gold Pilot Club Chili Cook-Off: 6:30-8:30 pm. Entry fee for competition: \$20. Tickets to Event: \$10. For information call Randall Townley 706-835-9137.

Pilot Club of Winder Pancake Breakfast at Fatz Restaurant. Tickets are \$7.00. Contact Jenni Overby. 8:00-10:00 am. Walk-ins welcome.



Health Tips

Why should you care about heart disease?

You may think you're not old enough to have a serious heart condition or that heart disease happens only to others, but these statistics tell a different story:

- Heart disease is the No. 1 killer of men and women.
- 50 percent of men and 64 percent of women who die suddenly of heart disease had no previous symptoms.
- A man's risk of heart disease begins to rise significantly at age 45.
- A woman's risk of heart disease begins to rise significantly at age 55.

Recent studies show that two-thirds of U.S. teenagers have at least one risk factor for heart disease.

The good news is that you have the power to lower your risk for heart disease by as much as 80 percent!

All it takes is adopting heart-healthy habits such as eating a healthy diet, getting regular physical activity, maintaining a healthy weight and avoiding smoking.

Have a heart-to-heart with your doctor

A strong partnership with your primary care physician, including regular checkups, is your first line of defense in protecting your heart.



Member News

Former Pilot Member Melba Garrett has recently moved to Mulberry Grove. A card was mailed from our club. Her new address is PO Box 587, Statham, Georgia 30666.

Pam & Doc both celebrated their January birthdays with family members at Piccolo's.

Pam was very proud of daughter Kristen and grand kids Jonna and Logan for walking/running their first 5K with our club on January 10th. Nine year old Logan placed third in his age group and received an award.

Gayle and Jimmy are enjoying the Gym Dawgs this season.

Joy has attended several home games for both the men's and women's UGA basketball teams during January. Both teams are playing well and make it fun to watch the games.

Joy travelled to Atlanta in mid-January for a checkup on her left hand. Dr Seiler was pleased with the amount of flexibility and movement in it at this time!

Joy was entertained with dinner at Piccolo's by Mark and Martha Jo Collins in mid-January.

Joy was treated to the musical- Flash Dance- by good friend, Mary Beth Fain, at the Classic Center Theatre during January. Great Show!!!

Joy visited with former Pilot Ann Ferguson and husband Curtis recently. Ann has begun chemotherapy –6 sessions: one every three weeks. She needs our prayers!

Weather—permitting, Joy and Mary Beth are doing a 1-hour outdoor walk each week.

Rosa and Freeman enjoyed a geocaching trip to Lake City, FL.

Jan and Jimmy enjoyed celebrating granddaughter Skylar's 1st birthday with all the other grandparents and several friends and children at her home in Norcross. The theme of the party was Winter ONederland. Traci and Joel even had snow for the children to play in. Little Skylar was Snow Wonderful....just ask any of her grandparents (she has 7 of them).



Cabbage Casserole

½ cabbage, medium, finely chopped

Salt

½ cup rice, uncooked

½ cup chopped onion

1 pound ground beef

Salt

Pepper

1 ½ cups tomato juice

Preheat oven to 350 degrees. Spread half of the cabbage in the bottom of the roasting pan. Sprinkle with salt. Add rice, onion, and meat. Spread remaining cabbage on top. Add salt and pepper to taste. Cover with tomato juice. Bake for 1½ hours or until done.—From the kitchen of Mrs. William Miller



GPF Raffle Tickets

See President Mary to purchase your raffle tickets for a chance to win one of the 8/ \$250 prizes to be given away District Convention. Monies benefit Anchor scholarships.



Please bring your Dimes to our February Business Meeting for the PIFF Grants & Scholarships. We will donate the money at the District Convention on April 10.