

Oconee Spokes



October 2, 2018
Pilot Club of Oconee County, Inc.
P.O. Box 833
Watkinsville, Ga. 30677

Meets 1st Tuesday of Month: 7 pm
Watkinsville First Christian Church
4 N. Main Street
Watkinsville, GA, 30677

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www.pilotinternational.org
www.pilotgeorgia.org
www.oconee-pilotclub.com
Facebook: Pilot Club of Oconee County



President Donna

We begin the second quarter of our Pilot year with the Fall season and a bit of reflection and appreciation for our Club's two emeritus members who recently passed. Our dear Ann Giles (June 10) and Mildred Bell (Sept. 18) were also both Charter Members of our Club nearly 40 years ago. It was the dedication, service and strength of Ann and Mildred and others like them who saw that our Club thrived and survived. As we celebrate Pilot International's Founder's Day in October we also recognize two other members of our Club's Charter Members, Joy Elder and Joan Mann. Please take a moment to thank them for their many years of service and ask them questions

you may have about our Club's history.

Another big thanks to our Membership Division for the great Share Pilot event Sept. 18th. with the innovative idea of information stations and movement of groups to keep them alert. We had some very interested and enthusiastic potential members attend and hope to gain a number of new members from them.

We will be joining the Classic City Pilot Club on Tuesday, October 16th (Note Date Change) at 6:00 PM at Jennings Mill Country Club to celebrate PI's Founder's Day. For those who previously signed up we hope that this rescheduling will still work with your schedule. The sign-up sheet will be presented again at our October 2nd Business Meeting so that we can RSVP accordingly. We look forward to visiting with and hearing from our Georgia District Pilot Governor Doretta Broughton. Please read the Governor's Bulletin sent by email to you.

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Fall Council, October 5-6, is upon us. Any last-minute members who are interested in attending will need to confirm their plans at our October 2nd Business Meeting. There will be a 50's theme Welcome Party Friday evening October 5th. Saturday October 6th will be filled with informative workshops, a "Pick Me Up" service project to benefit patients at the Shepherd Center, and a marketplace. Each Club will also receive PIFF fundraising raffle tickets and a collection bottle for "Dimes to Dollars" (towards scholarships). Also, please remember that the Club will pay several registration fees for Club members to attend in addition to the Club delegates.

Judy Marable was selected as our Club's Pilot International Ambassador at our Sept. 4th Business Meeting. Judy more than exemplifies the qualities for this honor. Congratulations Judy!

In Pilot friendship and service
Donna

Memorials for Mildred Bell can be sent to the:

Union Christian Church Cemetery Fund
% Union Christian Church
1130 Union Church Road
Watkinsville, GA 30677

Cards can be sent to:
The Family of Mildred Bell
1081 Crabapple Circle
Watkinsville, GA 30677

PIFF Representative Judy

The forty Charter Members of Pilot International gathered to sign the original Pilot Charter on October 16, 1921. They were so excited about the new organization and the purpose of their organization they held their first official Pilot Club meeting on October 18, 1921. Pilots around the world gather to meet, celebrate and recognize this significant day in our Club's history. This celebration, Founder's Day, recognizes Pilot International and all that it represents for Pilots, our communities, and our world. Our strengths, friendships and service are our gifts to the world through a wonderful organization...Pilot Club!

Mark your calendars for October 18 and celebrate Founder's Day by an act of service to make a difference for someone. We are very fortunate to have this great organization in our wonderful community. Share the mission of Pilot with others on October 18, Founder's Day, and on every opportunity, you have to spread the significance of membership in our service organization.



Emeritus Charter member
Mildred Grace Bell
Dec. 10, 1923-Sept. 18, 2018

Our club has a heavy heart as we think about our sweet Miss Mildred. Miss Mildred was a charter member of the Pilot Club of Oconee and remained an active supporter and leader throughout 39 years of membership. In July 2017 she became an Emeritus member, but still was as active as she could be with the Club. We all have treasured memories of the Pilot stories of Miss Mildred and her spirit will live on in our club. We will miss her love of Pilot Club, but we will remember what it meant to her to be a Pilot! We are better Pilots because of Miss Mildred!

(submitted by Judy Marable)



Fundraising Division
Coordinators
Kathy Reising & Pam Crawford

The 10th annual Pilot Chase 5k is off to a fantastic start! Sponsorships received as of Wed 9/25 is \$8075 and we have 3 platinum sponsors so far! Pam Crawford has mailed 75 letters and we have brand new sponsors this year! So, if you haven't contacted your sponsors please do, and if you have please follow up! We have wonderful community supporters just waiting to be asked. You never know whose lives have been touched by mental illness and brain related disorders!

We will have race bags this year provided by Ginny's Custom Embroidery, so we need items to fill those bags for the runners, approximately 200. Thank you to Lindy and Violet for securing these.

Prizes are ordered, T-shirt's are designed and race form is almost complete. So, Pilots let's get those sponsors rolling in and make this our most successful race to date!



The theme for September was tailgating. We dressed in our favorite team's colors.

Projects Division
Coordinators
Jane Reese & Rosa Hall

As unbelievable as it is, December is just around the corner. This year Pilot of Oconee will again be participating in Christmas Parade. We will be riding on a 25-foot trailer pulled by a gentleman with a tractor. There are 16 seats on the trailer and we hope all the seats will be filled with

Pilots. Mark your calendar now, be prepared for the weather and be ready to welcome the Christmas. Our life size puppets may show up giving all on the parade route loads of fun.

This is a month we support ACTS by bringing any cereal you would like to bring. It can be cold cereal or hot cereal. Many seniors use cereal for their evening meals as well as a family breakfast food. Another food that is always needed is peanut butter and jellies. However, we are encouraging you to bring cereal.



November is the month to honor veterans; however, we have East Central Region Lt. Governor, Beth Copeland, visiting so we are delaying our veterans' program. Bring food for diabetics, snacks for clients post blood work and food (soups, vegetables with easy to open cans, crackers, pasta and meats) to stock the emergency food boxes.

ACTS: Items needed at this time are blankets, linens, towels, sweaters, jackets and cookware. Open for donations Tues and Fri 10-1!

UNG received a surprise donation for Nigel's Nest (UNG's Food Pantry) from the Pilot Club of Greene County. Pilots Faye Wortham and Ilene Slocum dropped this amazing donation – which includes much needed food items as well as school supplies and personal hygiene products – last week. We are so thankful for the support of Pilot to keep our Food Pantry stocked!



(Projects cont. on page 4)



*Membership Division
Coordinators
Lindy Lively & Violet Whitehead*

The Walk to End Alzheimer's will be Saturday, October 20, 2018. Registration opens at 8:00 am, the Ceremony begins at 9:00 am and the 3-mile walk begins at 9:30 am at:

Clarke Central High School
350 South Milledge Ave.
Athens, GA 30605

Mary Mattocks is a member of the New Horizons Band and Thursday Sept. 12th the "short band" performed at Thrive much to the enjoyment of the residents there. Several Pilots were present to interact with the residents and assist them if needed to play "Name That Tune". June and Dennis McKenzie, Joy Elder, and Donna MacPherson enjoyed this activity of friendship and service.

Membership would like to everyone for all the help with share pilot. We had twelve guests to attend. Five have responded: not at this time, but will keep it in mind after the first of the year. Please let us know if you have heard from your guest.





Pilot Birthdays

Cathy Moorehead October 12

Local Clubs News'

Fund Raiser for Pilot Club of Brunswick

This is our Gift Card Basket Raffle. The Value is \$500.00 in gift cards. Raffle Tickets are one for \$5.00 or Three for \$10.00. It will be given away November 10, 2018 at our Luncheon/Silent Auction & Fashion Show. WE hope some of you fellow Georgia Pilots can come and enjoy this with us.

Tickets for the event is \$35.00. If you would like tickets for the raffle or luncheon/fashion show/silent auction. Please call me or send an email. Phone: 912-264-3543
email merleneburgess@outlook.com



Pilot Calendar

- Oct. 5-6, 2018 GA District Fall Council
- Oct. 20, 2018 Walk to End Alzheimer's
- Nov. 6, 2018 Business/Official Visit
- Nov. 6, 2018 Service to Veterans Donation
- Dec. 1, 2018 Christmas Parade
- Dec. 4, 2018 Business Meeting
- Dec. 18, 2018 Pilot Christmas Dinner
- Jan. 2, 2019 ESP Big Hearts Donation
- Jan. 15, 2019 Business Meeting
- Jan. 21, 2019 Pilot Chase 5K
- Jan.-Mar. 2019 BrainMinder Presentations
- Feb. 5, 2019 Business Meeting
- Feb. 5, 2019 Sp. Olympics Donation
- Feb. 5, 2019 The Cottage Donation
- Mar. 5, 2019 Business Meeting
- Mar. 27, 2019 Club's 40th Anniversary
- Apr. 2, 2019 Business Meeting
- Apr. 5-7, 2019 GA District Spring Conference
- May 7, 2019 Business Meeting
- May 7, 2019 ACTS Donation Night
- June 4, 2019 Business Meeting
- July 3-7, 2019 PI Convention
- Sept. 21, 2019 GA Artists with DisAbilities

Classic City Pilot Club: Founder's Day Program

Tuesday, October 16



Oconee County Pilots attended the Monroe Pilot Club Picnic.

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Donna attended the Pilot Club of Covington's Picnic.



Lavonne and Donna were able to attend the GAWD Awards Banquet.

GA District

GA Governor, Doretta Broughton, hopes you are planning to attend Fall Council! What a wonderful time to rekindle friendships, meet new Pilots and obtain new innovative ideas to assist clubs with membership, mentorship, projects and fundraising options. Come join us for the Welcome Party on Friday night with the Theme, "50's on Friday" (Games, Music and Dancing)! Bring out the poodle skirts or your best 50's sock hop attire. Our service project will include assembling "pick me up" hygiene kits to be given to families staying in Shepherd Center Family Housing.

Member's News

Donna enjoyed attending the Pilot Club of Monroe's annual picnic Sept. 11th along with Cathy M., Darlene A., Lavonne L., Joy E. and Judy Marable. Red, white and blue attire was in abundance as we honored the people of 911. The silent auction was fun and the food very delicious and of course the company was great.

Sept. 20th Donna attended the Pilot Club of Covington's annual picnic. They had a 50's theme dress attire and game. Again, with Pilots the food was delicious and the company was great. The make your own dessert ice cream float or sundae stand allowed for a lot of personal expression.

Lavonne and Donna attended the GAWD (Georgia Artists with DisAbilities) 34th annual awards presentation and luncheon on Saturday Sept. 22nd. This is always a very humbling and inspiring event. Please mark your calendar for Sept. 21, 2019 and let's plan for more of you to attend.

Congratulations to Rachel Moorehead and Christian Cummings on the birth of their son, Lucas. Lucas was born Sept. 26 and weighed 6 lbs. 8 oz. and is 18 inches long. Lucas has been in ICU due to breathing issues after being born early. Cathy and Leroy are proud grandparents.

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Pilot International is comprised of nearly 7,000 Pilot club members and 7,500 Anchor club members worldwide; and The mission of Pilot International is to influence positive change in communities throughout the world. To do this, we come together in friendship and give people an outlet for service. We focus on preparing youth and young adults for service; encouraging brain safety and health; and supporting those who care for others.

Rosa and Freeman have had a busy month. They traveled to Big Bend National Park in Texas. Attended 3 concerts and made time for yardwork. Rosa also demonstrated making brooms at the North Georgia Folk Festival.



Time If you observe any of these signs, call 9-1-1 immediately.

World Stroke Day: October 29, 2018



Stroke Prevention Checklist

1. Manage my high blood pressure
2. Control my cholesterol
3. Reduce by blood sugar
4. Be active
5. Eat better
6. Lose weight
7. Stop smoking
8. Discuss an aspirin regimen with my Doctor

F.A.S.T. is an easy way to remember and identify the most common symptoms of a stroke. Recognition of stroke and calling 9-1-1 will determine how quickly someone will receive help and treatment. Getting to a hospital rapidly will more likely lead to a better recovery.

Use FAST to remember The Warning Signs of a Stroke:



Face Ask the person to smile. Does one side of the face droop?



Arms Ask the person to raise both arms. Does one arm drift downward?



Speech Ask the person to repeat a simple phrase. Is their speech slurred or strange?

About one in four stroke survivors suffer a second one—but it doesn't have to be that way. Reduce your risk. Work with your doctor to create a secondary stroke prevention plan and stick with it.



Pilots, we have had lots of questions about what counts for Volunteer Hours. These are the guidelines that we use to keep track of our hours. I hope this is helpful. Rosa

Volunteer Hours

Georgia District Nancy Henrick Friendship & Service Award

This award honors Past GA District Governor and Past Pilot International President Nancy Henrick. It is presented to the individual Pilot Club who has the highest average of service hours. The Recording Secretary will be responsible for keeping track of hours and reporting to PI and the Club.

The following may be counted as service hours:

Time a Pilot gives in personal volunteer service on a project adopted by the club as well as those included in Plans of Works to meet a community need.

Working with Youth in projects providing service to the community

Brain Safety & Fitness

Project Lifesaver, BrainMinders™ & other community projects

Caring for Families in need: hours spent in respite care for another Pilot

Pick-Me-Ups: hours spent providing kind acts for those who care

Time a Pilot gives to assist a community fund-raising drive. Examples include: United Way, Red Cross, Alzheimer's Associations, etc. Any monies collected must be given directly to the organization and are not contributed in the name of Pilot.

Time a Pilot spends officially representing his/her Pilot Club at meetings of civic boards and communities, inter-club meetings, or similar public groups.

Transportation hours for a Pilot to travel to the destination only may include the following: Project Lifesaver client visits, GAWD events including the tour, other community service related projects.

The following may Not be counted as service hours:

Time spent preparing for or carrying out club plans for fund raising activities whether for service projects or operational expenses of the club.

Time given as a member of another organization that counts service hours.

Time spent in service work for which a Pilot is paid.

Time spent going to club meeting, district or PI conventions, or fall council